**MINISTRY OF SCIENCE AND HIGHER EDUCATION OF THE REPUBLIC OF KAZAKHSTAN**

**KAZAKH ACADEMY OF SPORT AND TOURISM**

# INFORMATION LETTER

**Dear colleagues!**

We invite you to participate in the **International Scientific and Practical Conference dedicated to the 25th anniversary of the establishment of the "Karate-do, Thai Boxing (Muay Thai)" specialization**, which will be held on **10–13 December 2026** at the Kazakh Academy of Sport and Tourism in Almaty, Republic of Kazakhstan.

The conference will serve as a platform for exchanging scientific and practical experience, discussing current issues in the development of martial arts, and strengthening international cooperation in the field of physical education and sport. The event will include presentations by specialists, master classes, demonstration performances, and an international Karate-do festival.

## Main areas of the conference:

1. Modern trends in the development of Karate-do, Muay Thai (Thai boxing), and other Eastern martial arts: history, traditions, development prospects, and international experience.
2. Theory and methodology of sports training in Karate-do, Muay Thai (Thai Boxing), and other eastern martial arts: improving athletes' physical, technical, tactical, and psychological preparedness.
3. Innovative technologies and scientific and methodological support for training athletes in Karate-do, Muay Thai (Thai Boxing), and other Eastern martial arts: digitalization of the training process, injury prevention, recovery, and enhancement of sports performance.

**Conference participation formats:**

- With a report and publication of an article, including online participation;
- With a report without publication of an article, including online participation;
- Without a report, with publication of an article.

- **Time limit:** up to 10 minutes per presentation.
- **Working languages of the conference:** Kazakh, Russian, English

## Conference Presentation Requirements

The report should reflect the main content of the independent research. The introductory part of the report must present the aim and research problem. The main part should include the theoretical and practical findings of the research. The concluding part should provide a conclusion in accordance with the stated research objectives. Presentation duration – up to 10 minutes. A computer presentation is mandatory. Conference participants are expected to answer questions from participants of the sections and plenar

Following the conference, a collection of scientific works will be compiled in electronic format and subsequently posted on the website of the Kazakh Academy of Sports and Tourism. The Organizing Committee emphasizes that the originality of the article texts must be at least 60%.

Materials submitted to the conference are not peer-reviewed and are published in the authors' original format. Works that do not meet the specified requirements or have not passed plagiarism check (anti-plagiarism) will not be accepted for publication session.

**To participate in the conference, by November 30, 2026, it is necessary to:**

- ✓ Fill out the application form for conference participation;
- ✓ If participating with publication, send the article formatted according to the **Article Formatting Requirements** to the email address listed on the scientific forum website. The email subject should be "Conference Participant," and the file in .doc or .docx format must be named with the author's surname, for example, "Akhmetov_article."

**Organizational fee for conference participants –** 5000 KZT (or equivalent in Russian rubles, US dollars, or Euros).

Payment for participation is made after receiving the acceptance notification of the submitted materials, with detailed information on payment methods. When making a payment, indicate "Conference Participant" and include your full name.

Travel, accommodation, and meal expenses are covered by the sending organization.

**Organizing Committee Address:** Almaty, Abay Avenue, 85

**Contacts:**

Akhmadiyev Tolgar +7 702 284 5641
Baiyrbekov Aidyn +7 701 823 6373
Sembayeva Aliya: +7 701 752 2999 (WhatsApp), +7 700 174 7484
Tukayeva Arailym: +7 707 258 4246
Abdymomynov Galamat: +7 775 640 9885
Zhidovinova Anna (article submissions): +7 777 055 4232
**E-mail:** kazast.forum@mail.ru

**Appendix 1**

## EXAMPLE OF REGISTRATION OF THE ARTICLE

Direction of work of the Congress (1, 2, 3)
– ***choose one***

**UDC XXX**

**СОВРЕМЕННЫЕ ПОДХОДЫ К СОВЕРШЕНСТВОВАНИЮ ТЕХНИКО-ТАКТИЧЕСКОЙ ПОДГОТОВКИ СПОРТСМЕНОВ В МУАЙ-ТАЙ**

**Ахметов С.С. – кандидат педагогических наук, доцент**
**Казахская академия спорта и туризма, г.Алматы, Казахсатн**

*Abstract: …… (120 words)*
*Keywords: …… (5-7 words)*

**MODERN APPROACHES TO IMPROVING THE TECHNICAL AND TACTICAL TRAINING OF MUAY THAI ATHLETES**

**Akhmetov S.S., Kazakh Academy of Sport and Tourism, Almaty, Kazakhstan**

*Abstract:*
*Keywords:*

Main text ……. (width alignment).

Table 1. ……..

| …… | …… | …… | …… |
|---|---|---|---|
| ……. | …….. | …….. | …… | …….. |
| ……. | …….. | …….. | …… | …….. |

…… …… (Figure 1).

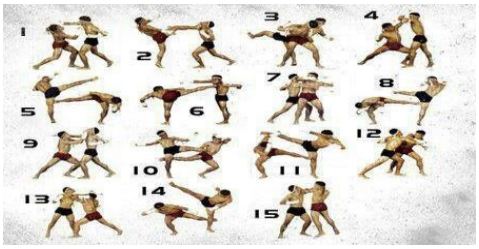


Figure 1. ……

**References:**

1. Last name N.P. - City of publishing house: Publishing house, year. –XXX p.
2. Last name N.P. Last name N.P. Title // Name of the magazine. - year. – № XX. – P. XX–XX.

## REQUIREMENTS FOR FORMATTING SUBMITTED MATERIALS

**ATTENTION!** The file name must include the participant's surname and the direction number (for an article – article_Akhmetov S.S.; for the application – application_Akhmetov S.S.).

Only original materials not previously published in other printed or electronic publications are accepted for publication in the collection.

Materials must be prepared using the software capabilities of Microsoft Word with the extension .doc (.docx), font Times New Roman, font size 14, margins 2.0 cm on all sides, indentation - 1.25 cm (indentation with using the "space" and "tab" keys), spacing 1.15, text alignment in width. Compacting intervals is prohibited. Initials in the text and links are connected to the surname using a "non-breaking space" - I. I. Ivanov). The volume of materials is up to 5 pages in A4 format.

**Line-by-line design of materials:**

1. UDC (in capitals, left aligned, font size 14 pt);

***In the language of the article, font size 12 pt:***

2. Article title (in capital letters, bold, centered,
3. Initials, author's surname, academic degree, academic title, position (centered alignment);
4. Organization name (in full), city and country (centered alignment);
5. The abstract should include a description of the main topic, the problem of the scientific article, the goals of the work, and its results. Abstract length up to 120 words (justified);
6. Key words. The recommended number of words is from 5 to 7 (justified).

***In English, font size 12 pt:***

Article title (in capital letters, bold, left aligned);

Initials, author's surname, organization name (in full), city and country (justified);

Abstract... (justified);

Key words…. (width alignment).

7. The design of the list of references. A list of references (5 to 7 sources) is required, designed by GOST P 7.0.5-2008, TimesNewRoman font, size 12.

8. The text may include graphic images and tables in black and white, for which it is necessary to indicate their location in the article with links, for example - Fig. 1, Fig. 2, and Table 1 in Word format.
9. The originality of the text when analyzed in the Anti-Plagiarism system is at least 60%.
10. Responsibility for the quality of translation into English of individual parts of the article lies with the author of the publication; the use of automatic machine and online text translators is unacceptable.
11. Articles received by the organizing committee later than **November 30, 2026,** or that do not meet the listed requirements will not be published.

**Appendix 2**

**APPLICATION**
**for participation in the International Scientific and Practical Conference dedicated to the 25th anniversary of the establishment of the "Karate-do, Thai Boxing (Muay Thai)" specialization, to be held on 10–13 December 2026.**
**(The application is to be completed by the conference participant and sent to kazast.forum@mail.ru. Full names of all authors must be provided without abbreviations. Next to the author presenting a report, indicate "Speaker".)**

| | |
|---|---|
| Surname, Name, Patronymic (Full name): | |
| A country: | |
| City: | |
| Institute/Organization Name: | |
| Position: | |
| Academic degree: | |
| Academic title: | |
| Mobile phone: | |
| E-mail: | |
| Type of participation, with report or without, on-line/offline: | |
| Conference direction: | |
| Topic of publication: | |